








Family holidays

Catalonia is family tourism



-  Airport
-  Port
-  High-speed train
-  Family Tourism Destination (Family-friendly beach holidays)
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Catalonia, family holidays

At long last the time has come for a few days away with your family on a well-deserved holiday. And now where do we go? To the mountains or the beach? Water sports at the beach or excursions in the mountains? An evening of fireworks on the seafront or a visit to an animal park? In Catalonia you don't have to choose: from north to south, on the Mediterranean or in the Pyrenees, there are family destinations specialised both in beach and mountains. They are all in privileged surroundings and offer proposals, establishments and services conceived especially for family leisure.

In Catalonia there are now 24 certified family tourism destinations: 19 along the Catalan coastline that form part of the seal of the Catalan Tourist Board's Family-friendly beach holidays seal, and five inland that form the Family-friendly active holidays seal. Seven ski resorts are also certified, which offer activities both in winter and summer.

There are unending possibilities to enjoy unforgettable experiences with your family at all these destinations!



Reasons for choosing a family tourism destination

Safety

Special attention is paid at all destinations to meeting the safety regulations in public spaces, establishments and companies.

Fun and entertainment

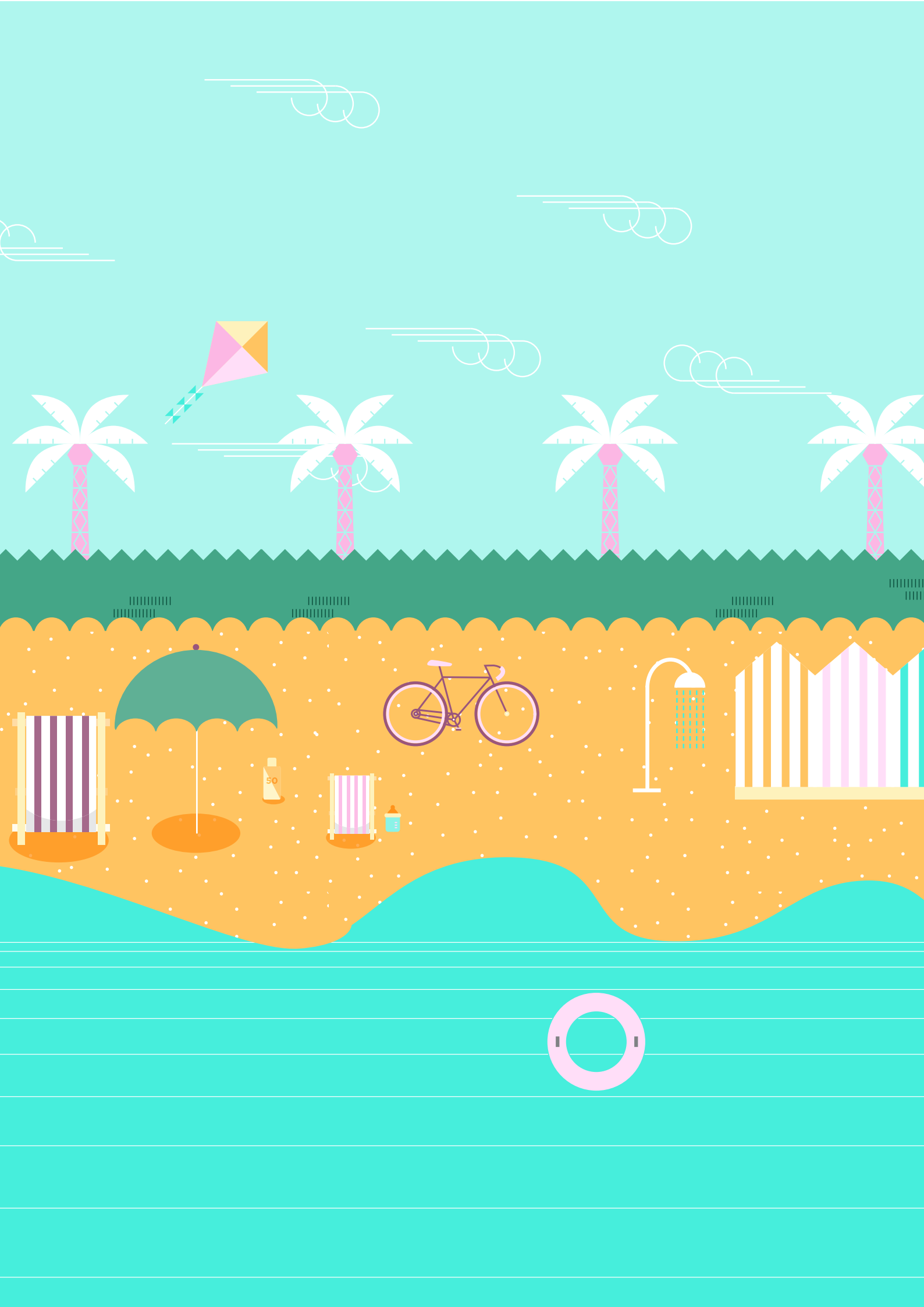
There are programmes of activities and entertainment both in the towns and in the accommodation conceived to make the stay for young and old more enjoyable: mini-club on the beach and in the accommodation, workshops, children's entertainment and festivals.

Comfort

The destinations have facilities that are suitable for boys and girls in public areas, accommodation and other service establishments that cover visitors' specific needs: cots, changers, high chairs, family rooms, menu and children's pool.

Variety

There are more than 500 companies certified with services of all kinds for families!



Family-friendly beach holidays

Enjoying a warm sun and temperate climate for a large part of the year, bathing in the waters of the Mediterranean along 580 km of coastline, building sandcastles on around a hundred beaches with the blue flag distinction, doing endless water sports at the water sports centres... the 19 Family-friendly beach holidays destinations in Catalonia have everything families need to enjoy their holidays to the full all day, without worrying about anything.

On the Costa Brava, the ancient coastal paths from where smuggling was controlled have become an attractive walk past beaches and coves. On the Costa de Barcelona, very near the capital, the beaches are large of fine sand and shallow waters, ideal for the kids.

From north to south the Catalan coast offers services, beach bars showers and even nurseries and children's play areas on the sand itself. In the towns, children can have ice creams on the seafront, play minigolf, swim in the pool, or with their families enjoy a restaurant offer for all tastes.

Roses

A complete sea and mountain destination

A trip on a miniature train along the coast, a theatrical visit to the Citadel or to see the Greek and Roman ruins or a sea trip along the coastline. In Roses, a historical and privileged enclave, fascinating adventures await us.



A tourist train follows the coastline of the Cap de Creus. | © Patronat de Turisme de Roses



Sitting in one of the carriages of the **Tren Turístic Roses Express**, we start one of the trips around the coves and mountains of the **Cap de Creus Natural Park**. This is undoubtedly the best way to see this corner of the Alt Empordà with your family, as it is suitable for all ages. The general view of the beautiful surroundings encourages us to enjoy the sea on one of the pretty **boat trips** with Els Blaus de Roses or Don Pancho. More active families can try some sea sport, **sail in a kayak**, in **dinghies** or have an unforgettable **diving baptism** on the impressive sea beds of the Cap de Creus. At the **Roses Water Sports Centre** they organise all kinds of **sea activities**

with monitors prepared for the different levels of experience, for boys and girls but also for adults.

On land, the **Cap de Creus** has a network of marked tracks for **hiking** and is also accessible by **electric bicycle** from Burricleta. Many coves can also be reached by car. Another fantastic and easier option, as the land is flat, is to visit the **Aiguamolls de l'Empordà Natural Park** on foot or by bike. From Roses, access is direct on two marked tracks. Throughout the year, **family activities** are also organised at **La Ciutadella** and in the **Municipal Library**, and during the summer, **children's entertainment** and the **Beach Children's Park** are set up.

La Ciutadella: rucksack or safari?

No fewer than 25 centuries of history and magnificent views of the great Bay of Roses await the families at **La Ciutadella**, an archaeological site once the Greek colony of Rhodes, defined by the Renaissance walls of the citadel. It can be visited free, on a guided tour or with the proposals of **La Mochila de Milhojas** and **Safari en el Museo**, two amusing activities created to awaken children's interest and to present this singular cultural space via games. A unique family experience!

Sant Pere Pescador

Virgin beaches and wild nature

Birdwatching at Els Aiguamolls de l'Empordà and doing water sports in the sea and on the river. These are the two great attractions of Sant Pere Pescador, a village with more than a thousand years of history where fantastic natural surroundings await.



Surrounded by the river Fluvià and orchards, Sant Pere Pescador is located right in the centre of the **Bay of Roses**, in an area of virgin beaches, dunes and wetlands, where there are many campsites and caravan parks. This is a town with a considerable medieval past, as the tourist guides excitedly explain on the **free guided tours** that are organised from the Tourist Office. It is also a popular destination for cycle tourists and hikers: here we find the **Pirinexus cycle tourist route** (a circular route of 353 kilometres in the Pyrenees and on the Costa Brava) and also numerous routes of different difficulties and distances to do on foot.

Whosoever should approach this corner of the Alt Empordà district cannot miss a visit to the **Els Aiguamolls de l'Empordà Natural Park**, one of the most emblematic natural areas of Catalonia. For families, different **marked routes** are proposed in visiting the park, conceived for walking, cycling, riding on horseback, by quad, kayak or even segway. The park's star activity is **birdwatching** and the observatories allow us to see kingfishers, storks and cormorants.



Bird's eye view of Sant Pere Pescador. | © Oficina de Turisme de Sant Pere Pescador

But you need binoculars, which can be hired at the park information centre (2.5 euros for the whole day) and a good mosquito repellent.

Another must-see is the **beach of Sant Pere Pescador**. More than six kilometres of dunes that can be reached by car, on foot or by bicycle. Here you can windsurf (there are courses for children of 6 years or more), kitesurf (over 12s), and do other **sea sports**. In June, this beach thrashed by the mountain and eastern winds hosts the **Windsurf World Championship**, which gathers the best specialists. It is a perfect time to enjoy the surfers' skills close up.

The isle of Caramany

The **Isle of Caramany Integral Nature Reserve** covers some 5.6 hectares in the middle of the Fluvià river, in the **Els Aiguamolls de l'Empordà Natural Park**. This island's great ecological value has rewarded it with special protection and it cannot be visited, but it can be seen from the left riverbank, where a viewpoint provides us with a place to see its flora and fauna. The path is well-marked and it is just two kilometres from the Fluvià river mouth.

Torroella de Montgrí – l'Estartit

A paradise in and out of the water

On the Medes Isles, diving; in the Montgrí hills, hiking; in Torroella, cultural tourism and in the Baix Ter area, birdwatching. Here there are options for the whole family.

The coastal path, with view of the Medas Isles. | © Oficina de Turisme de Torroella de Montgrí – l'Estartit



Using your imagination to travel to the times of medieval knights and princesses is possible on a stroll in the old quarter of Torroella de Montgrí, as here are remains of the ancient walls and the Torre de les Bruixes (Witches' Tower) and the gate of Santa Caterina. These are places that hide legends that can be discovered by participating in the **guided tours** proposed by the **Museo del Mediterráneo**, a participative museum where children discover the sea through its aromas, sounds and music. This museum also organises a **visit to an ancient mine** of water in the village itself: 130 metres of underground channels that can be visited by the over sevens.

To enjoy the activities in the

open air, in the **Montgrí, les Illes Medes and Baix Ter Natural Park** routes are suggested around the Baix Ter wetlands on foot or by bicycle, and also routes to discover the Montgrí hills. Once of the best-enjoyed excursions is the climb to the **Montgrí Castle**. It is a short route with an attractive destination: a medieval castle with walls, towers and spiral staircases that go to the top of the towers with views of the Empordà.

And from the mountain to the sea: **l'Estartit** is a sailing village with five kilometres of beaches that take your hiccoughs away. Just a mile off the coast is the **Illes Medes** archipelago, one of the most important reserves of flora and fauna of the Mediterranean. This is



a paradise for diving lovers. Here you can **dive and snorkel** and see up to **600 different species of animals**. However, if you don't want to dive, you can go for **stand up paddle, kitesurf, kayak** or **sailing**. There is also the possibility of doing a boat trip on a catamaran, a traditional Catalan boat, a boat with underwater vision or the **El Corsari Negre** pirate ship. All leave from l'Estartit port. All of these activities can be hired through the **Water Sports Centre**.

Pirates and corsairs on the Illes Medes

In later September the pirates of the Mediterranean gather in l'Estartit for the fair **Pirates i Corsaris a les illes Medes**. This annual meeting commemorates the times when the seven isles of the Medes were used by pirates as a refuge and also to remember the sacking with which they terrorised the townspeople after the 16th century. There are **shows, parades, workshops and guided tours** to the largest isle, the Meda Gran, where the consuls of Torroella erected a watchtower.

Calonge – Sant Antoni

Fun and peace on equal terms

A dance or yoga workshop, a stroll to the Torre Valentina by land along the coastal path, or by sea by kayak, a visit to the medieval castle, a route on horseback or a day of wine tourism. Whatever you are looking for, fun is assured in Calonge.



Located between the Gavarres hills and the sea, **Calonge old centre** (inland) preserves its medieval trace and also a 11th-16th century **castle** that can be visited throughout the year. It is a peaceful town, although this changes radically at Easter with the famous **medieval market**. Its streets fill with knights of warlike spirit, demonstrations of falconry and medieval trades, shows, a street market and stalls of 'bunyols', the typical dessert.

On the other hand, **Sant Antoni** (on the coast), which was Calonge's former sea district, is much noisier and is where all of the town's beaches are. In the summer, the **Children's Club** for children from 3 to 12 years, is set up on the beach

by the breakwater in the middle. Enrolment is free and its mission is to organise daily activities (games, workshops, tales, make-up...) runs by a team of monitors. The club also has a **Babies area**, a reference service for families with children under three, where talks are given on the world of babies and hypopressive gymnastics sessions for the mothers. It has a breast-feeding area, pushchair parking, microwave, nappy changing and high chairs.

If you don't want the beach, Calonge is an important **vine-growing area** and has numerous wineries that show their produce and teach the young the first things about wine cultures and offer them

tastings of must, for instance. Hiking on a **greenway** or following one of the **cycle touring and MTB routes of the Baix Empordà** is another good option. On the coast, it is worth doing the coastal path that leads to **Torre Valentina**, an ancient defence tower built against the pirates. Inland, there are **routes on horseback** in the Gavarres hills, a protected natural area with typical Mediterranean forests.

An active summer

From early July to early September is the Estiu actiu (active summer) programme organised by Calonge council. Every day there are activities run by instructors for children to know nothing of boredom. Most are free. There are **daily sessions of sport** (yoga, beach aerobics, zumba, chi-kung), dance workshops (country line dance, salsa, bachata) and **fashion craft work** (bracelets and necklaces, nail decoration). At the weekend there is a **market of craft products** and apart from all this, **extraordinary activities** are also planned such as concerts, parties, hiking routes and a library race.



The Torre Valentina coastal path. | © Ajuntament de Calonge

Castell – Platja d’Aro

The spirit of the Mediterranean

Platja d’Aro is one of the tourist centres of the Catalan coast and therefore has a large leisure offer: sea activities, MTB routes, coastal paths, water parks, golf circuits... All for a great time in dreamy scenery.



Children playing on the sand in Platja d’Aro. | © Ajuntament de Castell – Platja d’Aro – S’Agaró



From the large **Platja Gran** to the tiny **Cala del Pi** and **Sa Cova**, at all of the beaches and coves of this town, holidays can be spent amidst crystal clear waters and clean sand. But as well as sunbathing and swimming, lots of **sea activities** are available: diving baptisms, snorkeling and even Optimist and Raquero races for the kids at the **Port d’Aro Water Sports Centre sailing school**. During the summer on the Platja Gran, a **miniclub-playschool** is organised for children from three to twelve who want to have fun doing workshops, handicrafts, beach games and other free activities guided by monitors, while their parents relax sunbathing or doing some sport. In the afternoon, when the sun is not

so high, or in the autumn, winter or spring, the **S’Agaró coastal path** is an easy and enjoyable excursion. There are some stairs so it is best not to take pushchairs.

In July and August a recommendable event is the **theatral tour** of the historical quarter and castle at Castell d’Aro and the Palol Roman villa in Platja d’Aro. You can also get on the scale train in the **Parc de l’Estació** in Castell d’Aro, take part in the **theatral visits with pirates** along the coastal path in S’Agaró or go on the **“Anem a la granja”** (let’s go to the farm) tour for children to learn to plant, water and look after the animals in a typical country house of the area.

Platja d’Aro has tens of **public**

parks with games facilities for children where, apart from the classical swings and slides, there are such surprising things as a giant shark.

Another idea to complete an unforgettable holiday is to go to **Aquadiver**, one of the largest water parks on the Costa Brava. It has wave pools, a 250 metre roller coaster, kamikazes, soft tracks... All kinds of attractions for the young to burn off adrenalin in facilities with restaurants, picnic areas and free parking.

Bird watcher for a day

The Els Estanys park covers 150,000 square metres and is in the centre of the village. It has a central basin of 60,000 cubic metres and offers a **didactic nature route** with different viewpoints to watch up to **250 species of birds**. The programme of activities in the park is conceived for boys and girls to see the place and the birds that live there on **educational visits with experts on birds and the environment**. Around the park there is a path ideal for walking or cycling.

Sant Feliu de Guíxols

Active and cultural immersion

Swimming or doing watersports on the beaches, enjoying the cultural heritage in the museums or the monastery, walking or cycling along the coastal paths and the routes in the l'Ardenya and les Gavarres hills... Sant Feliu de Guíxols has a lot to offer.



First stop: monumental complex of the **Monastery of Sant Feliu**. With its famous Porta Ferrada, it is in the centre and is one of the must-sees of the town. It is almost impossible to spend a few days here and not see it! In the monastery building is the **History Museum**, with a display recommended for lovers of archaeology, ethnography and art. In the summer, you can take part in the **theatral tours** conceived for children to discover the music of mediaeval times and see how the monks lived. And throughout the year, at the **Museu d'Història de la Joguina** (toy history museum) and in the **Espai Carmen Thyssen**, guided tours are offered for children and family visits to the temporary displays. To discover the old quarter and see the **stately homes on the Passeig del Mar**, a sign of the splendour of the late 18th century which came thanks to the cork industry and intense activity from overseas, it is a pleasure to get on the town's tourist train. It only runs from June to September and starts on the Passeig del Mar, in front of the swings.

To enjoy the sun, the sea and the sand with your family, Sant Feliu beach in July and August has a reading service for children, the young and adults called

Biblioplatja, and on the **platja de Sant Pol**, a mini-club for boys and girls from 3 to 12 years of age. This beach also still has the historical coloured changing huts, and is a perfect place to have a family photo taken and share it with friends.

Apart from the famous **Festival Internacional de Porta Ferrada** which is held in the summer with national and international artists, another great event for families in Sant Feliu de Guíxols is the **Fira del conte** (story fair) or Explicame, which is held over a weekend in June and receives illustrators, bookshops, publishers and craft products related to tales, performances, workshops...

Adventures on land and at sea

How about a self-guided route through the Ardenya and Gavarres hills? Just install the **Local Nature app** and start to walk. Another option is **the route of the viewpoints**, a one-hour route that goes from Sant Pol beach to Cala Jonca. By bicycle, the **Greenway** follows the form of route of the Carrilet from the port to Girona (40 km), and is suitable for all ages. And only for the most adventurous: the **Cala del Molí ironway** and the water route to try **swimming in open waters**.



Family hiking along the coastal path. | © Ajuntament de Sant Feliu de Guíxols

Lloret de Mar

The journey to a fortunate past

In addition to its beaches, Lloret shows us the 19th-century architecture favoured by the wealth that some of its inhabitants made in America. The Museo del Mar, the coastal paths and the gardens of Santa Clotilde will be a marvel to the children.

The beaches offer families all kinds of facilities. | © Ajuntament de Lloret de Mar



Every year on one weekend in June (which changes with every edition), this town travels back to the past: its **Feria de los Americanos** remembers the return of many of its inhabitants who travel to America in search of a better future and who, on their return, brought the town wealth. The fair includes demonstrations of **craft trades, street parades, theatre performances and allows you to take part in workshops, tastings** of products from beyond the seas, or **theatral guided tours**.

It is undoubtedly a magnificent excuse for discovering the local heritage, but in the summer, twice a week, it is also possible to go on the **guided tours of the old centre** where the local guides

tell stories, for instance, like that of the street of the widows and maidens, dedicated to the ladies who, when they married wealthy men, had to sign a contract by which they would not remarry if they died. The tours are organised by the Tourist Office. Another place to see the history of Lloret is the **Museo del Mar - Casa Garriga**, where entertaining and educational workshops can also be done that teach the children how to **build scale model boats** to see the history of the famous shipbuilders of Lloret or to make **sailors' knots** like seasoned seamen.

After the history and the culture, we can relax on the pleasant **Lloret and Fenals beaches** (with a children's miniclub, guided



activities, play and sports area in the summer) or discover the marvellous coastal scenery around the town along the **coastal paths**, either on our own or accompanied by guides. From June to October, **Nordic Walking guided walks** are organised twice a week. And to finish, what about a day of family fun at the wave pools and slides of **Water World**? This waterpark is very nearby and well connected to the town by public transport.

Gardens of Santa Clotilde

A large green area designed in the early 20th century in the purest style of the **Italian Renaissance**, full of paths with views of the sea, sculptures and trees and plants of all kinds. What is a place like this doing here? But these gardens are just a sign of the **noucentist spirit** in Catalonia. They were designed by Nicolau Rubió i Tudurí on commission by the Marquis of Roviralta, the owner of this large property in Lloret. Some of the most emblematic places are the staircase of mermaids and lions, the Boadella viewpoint and the Plaça de la Mediterrània.

Blanes

Light and colour day and night

A fireworks contest lights up the summer evenings in this place bathed by the sea and decorated with the beauty of gardens of cactus and exotic plants. We are in Blanes, a place previously visited by Iberians, Romans and feudal lords.



One of the viewpoints of the Marimurtra Gardens. | © Ajuntament de Blanes



Blanes gives experiences day and night. In the summer, an ice cream or stroll along the seafront, past the port, are a gift to enjoy the sunset. But the greatest magic that can be experienced in this coastal town is its **international fireworks competition**, which is held on five consecutive evenings at the end of July. Stretched out on the sand, a festival of colours shines in the sky in a show of light and colour. A challenge of sounds paints the sky in surprising shapes, such as palm trees, which in this place grow both from the sky and from the ground. Its **Marimurtra botanical gardens** contain some of them, along with a further **3,000 exotic species**. But if there is something that enamours on a stroll through the town, on the hillside

next to it, are the panoramic views from a privileged balcony overlooking the Mediterranean. A total of four hectares of Mediterranean forest with three different areas, plants and trees from subtropical, temperate and Mediterranean climates. For the girls and boys, a stroll through the garden becomes a botany class in which to contemplate **plant communities from the five continents**. It is open all year and has a bus service from the centre with buses leaving every 20 minutes in the high season. And if in Marimurtra we can see plants and trees from all around the world, in the outskirts of Blanes, in the **Pinya de Rosa tropical garden**, the main characters are cactuses. There are up to 7,000 species from every corner of the planet!

Beaches for playing

In the summer, it is almost impossible to get bored on the beach in Blanes. At the **Children's Club**, an enclosed area in the open air, a team of specialised instructors look after the children with workshops, jumping on **inflables** or at the **foam parties** that are regularly organised. The club is open every day in July and August from 10 AM to 1:30 PM. Blanes also has around forty public places with **children's games area, bowling alleys, cinemas, sailing school, karting, diving, boat trips along the coast, excursions**, and also **water and marine parks** nearby.

Malgrat de Mar

Storybook beaches and parks

Getting on a giant shoe, having fun at the beach miniclub or enjoying a picnic in a park. These are all activities that can be done in Malgrat. Its natural surroundings run from the hills of the Montnegre to the beaches and wetlands of the Tordera river estuary.



The kids will have a great time in the park of Francesc Macià. | © Ajuntament de Malgrat de Mar



We are between the provinces of Barcelona and Girona, in a place known for its four beaches and for **la Pilona**, an ancient platform of the mines of Can Palomeres that can be seen from any point of the coastline. This place offers us the blue and yellow of the sea and the beach, but also the green of its natural spaces, ideal for exploring with the children. A stroll in the **Tordera river estuary**, better still equipped with binoculars and a simple bird guide, will allow us to **observe different birds**: seagulls, storks, bee eaters, ducks...

Without leaving the trees, the **park of Francesc Macià**, on the road to the Costa Brava, is the ideal place to spend a morning or afternoon with your family. More than

40,000 m² full of **giant sculptures** from children's tales. There are enormous pieces of cake, giant mushrooms, an XXL-sized shoe and a croissant larger than a sofa, all prepared for the young to climb on them and have their photos taken. This is a place conceived for children from three to fourteen years of age. Entrance is free, and apart from the sculptures there are also **play areas** with zip wires, slides, different picnic areas and special places for the under threes. Another day we can visit more greenery, such as the **Parc del Castell**, on a hilltop, with different play areas and educational routes to see the 127 species of Mediterranean plants that live there, or **Can Campassol**. These public gardens used to belong to a

colonial house and are now part of Malgrat's historical heritage. And to finish, if we want to see the fields of vegetables that are the basis of the local economy (and which can be tried in the restaurants), such as chicory and the much loved 'ganxet' beans, nothing better than a stroll around the **Pla del Grau**.

Four beaches. Which shall we go to?

In Malgrat there are more than 4 km of beach. The southernmost beach is the **Platja de l'Astillero**, on the seafront, which boasts a blue flag. This is the busiest, and in the summer has a **children's miniclub** for kids from four to twelve, with activities run by instructors. The price for a full day is 2 euros. Then comes the **Platja del Centre**, which has a blue flag for the quality of its waters and its services. The next beach is the **Conca**, which is on the Tordera river estuary. This is a protected area where it is possible to walk among the dunes and enjoy the typical vegetation and birds of the delta. And finally, the **Platja de la Punta de la Tordera**, which is the nearest to the campsites.

Santa Susanna

Adventures on the beach and in the forest

A sea and mountain destination that can easily be reached by train? That equally offers boat trips and sea activities, horse riding, mountain bike and hiking in the Montnegre i el Corredor Natural Park? Yes, the place exists. It is called Santa Susanna.



The giant **Banana Bus** inflatable bounces over the sea behind a launch. The wind in your face, laughter and the unique feeling of speeding through the water excites everyone who takes part in this amusing water experience, one of the star activities of the **water sports centre** in Santa Susanna. Through this centre (consulting the website or by telephone) many other **water activities** (such as catamaran trips, water skiing classes, sessions of paddle surf or kayak), accommodation and complementary activities. The forests around Santa Susanna offer such intense and amusing excitement as the sea. The **Activ Natura adventure park** allows you to offload adrenaline over the obstacles of the adventure circuit between the trees and the **Montnegre i el Corredor** Park deploys its tracks for you to follow by bicycle, on foot or horseback. There is the option of doing it free or accompanied by monitors and guides of the different activity companies of the area. One good idea is to start by visiting the **nature Interpretation Centre**.

On Saturday morning, by the town church, the stallholders set up the **weekly market**, where the farmers' production shares the space with stands with craftwork and proximity



Heaps of fun on the beach in Santa Susanna. | © Oficina de Turisme de Santa Susanna – Joan Ribot

food products. And not far away, on the Avinguda del Mar, is one of the stops of the **El Cuc tourist train**, which invites us to discover Santa Susanna in an entertaining and original way, without getting tired. The train can be caught in Avinguda del Mar and at any point along the route. Although the town can also be seen free by bicycle, on foot through the centre or along the seafront from one end to the other by using the bicycle lane. To be accompanied or to learn everything about its history, the Tourist Office organises thematic guided tours such as **Torres a la vista!** (towers ahoy!), which reveal part of the pirate history of this coastal town through the constructions that were built to prevent invasions from the sea.

Soaked excitement

Illa Fantasia, Marineland and **Water World** are three water parks very close to Santa Susanna. Marineland is under 15 minutes away (the other two just over 30). It has dolphin shows and marine zoo. A free bus from the tourist area in Santa Susanna takes us to the facilities. In the summer on the Les dunes beach in Santa Susanna there is the **Club Infantil**, or children's club, with giant inflatables, water games, foam parties and activities organised by the monitors. It works all day in the months of July and August, from 10 AM to 1 PM and from 4 PM to 6 PM.

Pineda de Mar

A sea full of games

Music and guided activities serve entertainment for the holidays on Pineda de Mar beach. On foot, by bicycle or on horseback in the nearby forests of the Montnegre i el Corredor Natural Park, the clean air of nature is breathed at any time of the year.



Foam party on Pineda de Mar beach. | © Joan Ribot



An **aquagym class** in the sea, a game of **volleyball** or dancing to the rhythm of **zumba** on the sand awaken anyone's spirit from first thing in the morning. Almost three kilometres of beach and 40 m of sand until your feet get wet, 65 showers, ramps for people with difficulty moving and bicycle parks put many recreation options and sports activities in the hands of the sea. Pineda is completely open to the sea and invites everyone to enjoy it with children's activities also conceived for the very young. The **baby center** which is run in the summer months, is a place for children under 6 years of age. Here they tell stories (in several languages) and accompany the children in craft workshops that

allow their parents to enjoy other activities on the beach, knowing that their little ones are having fun in safety. Before or afterwards, we can have breakfast or lunch facing the sea at one of the **beach bars** on the sand.

Like many towns on the Barcelona coastline, Pineda de Mar also has attractive corners inland. Different routes, such as the **rural routes**, take you through forests, mountains and meadows. One of them which is short and easy and ideal for families, gives beautiful panoramic views of the town from the **Turó de la Guàrdia**, after passing the charming little **Gràcia Hermitage**. The municipal Tourist Office provides maps and gives details on all of the routes.

A party in the forest

The **El Montnegre i el Corredor Park** covers 15,000 ha of nature over thirteen municipal areas. Amongst its pine trees, beach groves, oaks and cork trees we come across Neolithic dolmens, Iberian remains and mediaeval churches. In early October, the **Great Park Fiesta** is held in the nature reserve with workshops on the environment, demonstrations of traditional games and musical shows. The park also takes part in the series of **Poetry in the parks**, another chance to get wrapped up in its wild beauty.

Calella

A lighthouse of emotions

Every thirty seconds, a beam of light lights up Calella: it is the signal from the lighthouse. Visiting it is a chance to discover this destination, famous for its beaches. Possibilities. But there are many more, like flying under a parachute pulled behind a launch!

Fishing boats on the sand on the Platja Gran in Calella. | © Oficina de Turisme de Calella



An enormous beach of clean water with a **children's park**, inflatable castles on the sand and other games organised by specialists. The **Platja Gran de Calella** is the ideal place to have a drink in the beach bar while the children have a great time in complete safety. What's more, as it is an urban beach you can get there on foot. If you want to cool down and enjoy the sea in an active way, just a few steps away at the **Water Sports Centre**, next to the Club Nàutic de Calella, all kinds of **water activities** are organised: jetskis to speed across the sea, relaxing excursions in a kayak and exciting sessions of **parasailing**, a sea activity that allows you to fly under a parachute pulled behind a launch racing across the water. The children will also love the

Maraventura sea park on Garbí beach, an inflatable platform with slides, pyramids and spring beds that let children and adults jump, climb, slide and throw themselves into the water in a thousand ways. This operates every day in summer from 10 AM to 8 PM. Boys and girls of over 6 years of age (provided they can swim) can use it alone, and from 4 to 6 years of age when accompanied by an adult.

But Calella is not just a beach. There are endless proposals for families also in the centre of the town. The **Tourism Museum** can be visited free, but also amusing **theatral family tours** are organised, in which a person dressed up accompanies the group and explains the different rooms and areas, tells stories,



shows the material and allows visitors to touch it and see it close up. The visit has to be booked and includes an educational workshop for the children. In the summer, every Thursday there is a different children's activity on the seafront. Throughout the year, at **Dalmau Park**, you can stroll amidst the pines, sculptures and fountains with several areas of swings and games, and in the library there is a space conceived especially for children to enjoy the pleasure of reading.

Visiting the lighthouse

It is not every day that you get the chance to go inside a lighthouse. In Calella you can, as the lighthouse has been turned into an **interpretation centre** in which the youngest, through **audio-visuals and interactive games**, can learn how the sea communications work and how the lighthouse and other elements on the coastline, such as churches and watchtowers, serve to guide the fishing vessels. The Interpretation Centre is open at weekends, from Easter to June and in October from 10 AM to 2 PM, and in the summer from Thursdays to Sundays from 5 PM to 9 PM.

Castelldefels

The great beach of Barcelona

With a large castle crowning the town, this is a place with five kilometres of fine sand beach which, along with a diverse family and sports leisure offer, provides for a large number of activities both in winter and in the summer.



Sea activities on Castelldefels beach. | © Patronat de Turisme del Baix Llobregat



Located between the sea and the **Garraf Natural Park**, and with a 10th century **castle** protecting the town from the heights, Castelldefels is ten minutes from the airport and fifteen from Barcelona, which makes it a privileged location. On its beach, there is always space to settle comfortably without crowding and sufficient space for the children to play freely with their buckets and spades, as it has **five kilometres of fine sand** on which to do many **sports activities**. If we are looking for accommodation or a restaurant, there is no problem. This destination has a privileged, quality and varied restaurant offer.

As well as having a good time cooling in the salty seawater, Castelldefels also has a large unsalted offer. The 1992 Olympic Games in Barcelona left this town a **canal** for rowing competitions. It is a sheet of water 1,250 m long and 130 m wide, and 4 metres deep on which you can feel like an Olympic sportsman for a day, keeping your balance on a **wakeboard**, on **water skis** pulled by a cable and propelled at the speed of a launch, or by rowing peacefully in a **canoe**. The Olympic canal also offers other sports, like **paddle** and **archery**, it has the largest **water park of inflatables** in Catalonia and you can go **running** on its comfortable 2,700 m circuit.

Pirates ahoy!

The **pirate ship** approaches the coast of Castelldefels. On the beach, real corsairs disembark in peace, looking for a party. As every **16 July**, the festivity of Our Lady Virgen del Carmen, the patron saint of mariners, the pirate disembarkation at sunset precedes a great, festive **popular sardine feast**, an amazing **firework display** on the beach and a dance with a band. These are the **Castelldefels sea festivals**, which also include habaneras, concerts, shows, street parades, a commercial craft fair and even a procession of mariners.

Vilanova i la Geltrú

The Gateway to the Mediterranean

Peaceful or active holidays? Here you don't have to choose. There is something for every taste: going to the beach, doing sea sports or games on the sand, enjoying nature, going shopping, trying the food or taking part in the festivities.

Yacht trip along the coast of Vilanova i la Geltrú. | © Oficina de Turisme de Vilanova i la Geltrú



Just 40 minutes to the south of Barcelona, the more than four kilometres of **large fine sand beaches** and shallow waters without crowds and with quality certificates are a great attraction for families in search of a destination for their holidays by the sea. Here the children can play on the sand and bathe safely or have a sea adventure with their parents, contracting the services of the **Water Sports Centre**, which offers all kinds of sailing and a wide range of complementary activities, including horse riding, golf, kayaks, etc. After enjoying a morning on the beach, it is nice to stroll through the centre of the town and enjoy the **shopping** in one of the main urban shopping centres in Catalonia, where you can find the large brands,

centenary and local trades and also a good selection of restaurants. Special mention should be given to the **Central Market**, where since 1948 each day the fish and shellfish, and particularly the tasty Vilanova shrimps, have arrived from the fish auctions.

If we come in February, we can take part in one of the town's most emblematic festivals: **Carnival**. These are seven days of fun and satire that fill the streets with fancy dress, dancing and madness with times for all ages, and particularly include **the dancing parades** on Carnival Sunday, which finish in the town square with a mid morning war of sweets. The **Local Festival** is another of the essential meetings: dragons, giants and big heads, popular dance, human tower builders,



fire running devils, musical concerts and much more will delight us in Vilanova's deepest traditions.

The town awaits you to offer the whole family its cultural, popular and traditional heritage, its **gastronomy** with the typical dishes like 'xató', 'all cremat' and 'sípia a la bruta', its varied festivities and a long programme of live performances to make every corner ooze with authenticity. The rambla, the maritime district, mediaeval Geltrú, the old quarter...

Museums for travelling in time

The streets of Vilanova i la Geltrú are an **open-air museum** in which we can visit modernist and noucentist houses and see sculptures of great artistic value. And on the inside, we can enjoy very entertaining visits to the **Catalonia Railway Museum**, which is one of the most important locomotive collections in Europe, or the **Can Papiol Romantic Museum**, an 18th century stately home with its pretty gardens and theatrical visits that take visitors back to the times of the indianos.

Calafell

Living history

From the Iberians who established a settlement in the place two thousand years ago, to the families who now roam on the beaches in swimsuits and flip-flops, Calafell has seen peoples and civilisations that have left their footprints and memories. Do we know them?

Calafell beach, ideal for family holidays. | © Patronat Municipal de Turisme de Calafell



Among rustic streets and mediaeval appearance, we come to the **castell de la Santa Creu**, in the village of Calafell, to enjoy a guided tour or to freely stroll around the primitive Romanesque church, the walls, the frescoes and a high mediaeval necropolis with tombs dug out of the rock. After seeing a little of the mediaeval history, it is time for the Iberians. At the site of the **Iberian Citadel** we see streets, houses and walls that have been rigorously rebuilt thinking of how the people who visit it will feel, and especially the children. This is the way to discover the customs of our Iberian forefathers 2,500 years ago, by going into their houses, smelling their aromas, learning to use some of their daily utensils or taking part in **workshops**

to make bread or pottery using Iberian techniques, and also by working as archaeologist.

To discover the place, we get on the **tourist train**. This runs in the summer and covers two routes: one along the seafront and another which climbs to the old quarter. There is no shortage of excuses to visit Calafell, but the **Calafell Family Weekend** is the best if travelling with children. These are two days devoted to families, with workshops, traditional games and shows. Over this weekend, or maybe on another occasion, you can take part in one of the children's courses offered by the **Sailing School** or the **la Graiera golf course**, an 18-hole golf course that also offers classes for boys and girls. Before leaving,



don't forget to visit the building of the former **brotherhood of fishermen**, now turned into a museum.

From March to October, there are **guided Nordic walks**. This activity is free and you don't have to book. The meeting point is in Plaça dels Països Catalans, where the organisation provides sticks. The walks are done on Saturdays and Sundays (at 8 in the morning in the summer, and at 9 in the winter).

The lifeboat display

One of the symbols of Calafell is a **sea rescue boat** built in 1920 and which was restored in 1989. Throughout the year, the boat lies on the beach in front of the seafront for everyone to see, but on special dates (29 June, 16 July, 15 August and 11 September) it can be seen in action. The demonstration is a real spectacle, as the main feature of the boat is that it can turn over and always comes upright again. The crew turn it over and over on purpose and it does not sink.

El Vendrell

A stop at the cradle of the genius Pau Casals

With sea and mountain scenery, El Vendrell is a family destination par excellence, with a rich cultural and gastronomic heritage and a festive and leisure programme full of possibilities.



The river on the Madrigueres beach is a temptation for children visiting in the summer. | © Ajuntament del Vendrell



The **beaches of Coma-ruga, Sant Salvador and Francàs**, three kilometres from the centre of El Vendrell, one of the town's main attractions. In front of one of them, Sant Salvador beach, is the beautiful house where the cellist and composer **Pau Casals** lived, which can now be seen on a **theatrical tour** or enjoying a **family concert**. The three are blue flag beaches that have fine sand and clear waters. And in the summer they offer a very useful service for families which is called the **Playschool on the sand**. This is an area for playing on the beach where children from two to twelve years of age can be left in the charge of professional instructors while their parents take the opportunity to go for a swim or shopping. It has a capacity

for up to twenty children and works from 6 PM to 9 PM. Another very different plan to do on the beach with the children is the **Aula acuática**, or water school, or visiting the display on the **Masia Blanca** the integral marine reserve. After the show, there is a guided tour **snorkelling** on the surface of the marine reserve to see the flora and fauna below. The guided tour does not require snorkelling experience, but you have to be able to swim. This activity is organised by the El Vendrell Council's Department of Tourism.

The town also offers many other proposals such as karting, pitch and putt, sea activities, sport on the beach, zip wires, museums, guided tours of the village, local festivals, animal shelter...

Music with the family

The Pau Casals route offers a visit to his birthplace, a tour of the church to see the organ he played when he was just nine years old and a visit to the museum to discover the whole of the life and work of this universal musician. In the **Museo Pau Casals**, on Sant Salvador beach, at weekends there are **family activities, musical tales and concerts**. This is a place that is 100% recommendable for boys and girls and one of the stops on the **Paisaje de los Genios**, a route that passes through Reus, Mont-roig del Camp, Horta de Sant Joan and el Vendrell, to see Gaudí, Miró, Picasso and Casals, respectively.

Vila-seca, La Pineda Platja

Beaches, attractions and nature

What shall we do today? Shall we throw ourselves down the slides of the Aquopolis waterpark, go on a trip to the “Séquia Major” or stay and play on La Pineda beach?



La Pineda Platja, a family beach two steps away from PortAventura World. | © Patronat Municipal de Turisme de Vila-seca



La Pineda Platja has a blue flag with its more than three kilometres of sand, clean waters and gentle slope which is perfect for children to bathe. At Christmas, the beach is also the stage for a spectacular **sand Christmas scene!** Going to see it is the perfect excuse to get lost in the town (Vila-seca), with a picturesque **historical centre** and several mediaeval remains such as the gate of Sant Antoni. On Pineda Platja is the **Pinar de Perruquet park**, a green area of 2.5 ha lying on the seafront. Very nearby too is the **PortAventura World** theme park, which is undoubtedly a great attraction for families.

La Pineda's most emblem image is the **Pineda sculptural complex**, which was designed by Javier

Mariscal and stands on the Passeig de Pau Casals. The work comprises eight enormous pine trees in steel and copper, 24 m tall and weighing 130 tonnes, and is a good place for a photo as a souvenir.

Throughout the year, families can stroll through the **“Séquia Major”**, a protected natural area. There are several routes that go into the wetlands and allow visitors to see trees and plants such as tamarinds, poplars, willows, reeds and canes, and also different birds and endangered species such as the “fartet” fish and the European water Turtle. Guided tours are offered in August and September on Saturdays and Sundays at 6 PM, and from October to February on Sunday at 11 AM.

Aquopolis Costa Daurada

This waterpark is the largest in Catalonia with attractions especially conceived for the whole family. Some are really **thrilling** and are thought up for burning adrenaline (Boomerang, Splash, Kamikaze and Huracán), whereas others are **moderate** and are for families (Vulcano River, Magic Oval and Speed Race). Finally there are the **infantile** for the youngest members of the household (Funny Jungle). Aquopolis also has a dolphinarium, the only one on the Costa Daurada, where they give displays and you can interact with the dolphins.

Salou

Mediterranean with the family

In Salou they have everything ready for the youngsters to start out in sea sports and also to enjoy playing on the sand. And out of the water, they can have a great time at PortAventura World or get on the tourist train.

The Water Sports Centre offers activities for all ages. | © Patronat Municipal de Turisme de Salou



With its more than nine kilometres of seafront and **nine beaches and coves**, in Salou there is always a place to put your towel. The Ponent and Llevant beaches, which fly the Q flag for quality, are family beaches with some items for children's games and also fixed lifeguard points. In the summer, Llevant also has a **children's club** that organises activities for the youngsters. Salou is one of the six ports of the **Costa Daurada Water Sports Centre** and therefore offers a wide range of activities. This watersports centre has a catalogue of **more than 40 different activities** for all ages: kayak, diving, paddle surf, catamaran trips, etc.

If you want to see Salou with the children, a good idea is to get on

the **tourist train** that runs through the town. The train works almost all year and covers from the main tourist points to the more distant coves.

Following the **coastal path** is a good way to do exercise and discover the area's natural wealth. The path is two kilometres long and follows the coastline from the area of Pilons to Replanells, at Cap Salou. The path passes Capellans beach, Llenguadets cove and the Llarga beach. The path goes on to the lighthouse. The tourist office has maps with the route.

Every summer evening and at the weekends in autumn and spring, the fountains in Salou offer a spectacle of water, light, sound and colour. At the **Luminous Fountain** a programme of 210 combinations of water



spring out of 100 jets synchronised with the music. Next to this, at the **Ornamental Fountains**, they follow the Passeig Jaume I with springs and geisers and a water maze in the centre, where you can stroll and interact with the water. At the end, the **Cybernetic Fountain** offers a twenty-minute show featuring water, projected images and lights.

Adrenaline at PortAventura

PortAventura World is one of the favourite tourist destinations for families. Music, shows, acrobatics and attractions for all ages. From the giddy King Khajuna, the highest freefall slide in Europe, to a peaceful railway trip to the Far West, passing through the different worlds of the park: Polynesia, Mediterranean, China, Sesame Adventure, Far West and Mexico. This great leisure park's offer includes **three golf courses**, a **beach club**, a **themepark** (PortAventura Park), a **water park** (PortAventura Caribe Aquatic Park) and in 2017, the **Ferrari Land** theme park dedicated to the prestigious Italian firm of the Cavallino Rampante.

Cambrils

The true marine flavour

Nine safe beaches with clean waters await visitors at this destination perfect for families. Also known as the gastronomic capital of the Costa Daurada, Cambrils is ideal for lovers of good sea cuisine.



Yachts, fishing boats and traditional boats in Cambrils port. | © Oficina de Turisme de Cambrils



Cambrils is a destination with its own identity, a peaceful town with all of the ingredients to guarantee unforgettable family holidays. The **fishing port**, the **ancient defence tower** and the **arrival of the fishing boats every afternoon**, are some of its most marine and distinctive assets. But it also hides charming and peaceful areas, such as the **old quarter**, narrow streets and corners dating back to the 12th century. On the **tourist train**, we can discover both the port and the old quarter.

In the summer, the **Viu l'estiu a Cambrils** programme offers music, shows and activities for the youngest, such as **Sésamo Aventura on Tour** in Plaça del Pòsit, to sing and dance with these popular characters. Before or after, we can follow the **bicycle**

lane along the 9 km of coastline and on its 7 km of beaches, enjoy **children's oases, play areas** and, in July and August, the **Mini Beach Club**.

But if one particular attraction has to be put forward for going to Cambrils, this must be the **gastronomy**. Gastronomic meetings are organised throughout the year, and there is a large selection of seafood, traditional or signature restaurants. All are good excuses to come to the town, and also its **three local festivals**: that of Sant Pere (June), that of Our Lady Virgen del Camino (September), with the spectacular Fire Night, and that of the Immaculate Conception (December).

The town also has different recreational areas, such as Pinaret and el Pescador parks by the port.

A truly foodie town

Thanks to its Brotherhood of Fishermen and its Agricultural Cooperative, Cambrils gets both the best products of the sea and of the land. It has an offer of **150 restaurants**, two with **Michelin stars**. Many of them form part of the **Cuina Catalana** brand or are certified as **Mediterranean Food Establishments**. On the gastronomic calendar, there are **meetings** for all tastes: tapas, galera, squid, artichoke, romesco, rice, "rossos" noodles and the **D.O.P. Siurana extra-virgin olive oil**.

Water sports centres

Would you like to take your children to discover the mussel and oyster beds at the Delta de l'Ebre? Would you like, with your partner, to enjoy a diving baptism to see the marine flora and fauna of the Costa Daurada? Do you fancy seeing your family turned into pirates of the Costa Brava and setting sail on the Black Corsair for the Medes Isles? The Catalan watersports centres offer endless adventures for all the family. Liven up your holidays in contact with the water!

ROSES - CAP DE CREUS WATER SPORTS CENTRE

Port Roses
- Edifici de Direcció
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COSTA DAURADA WATER SPORTS CENTRE

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Family-friendly active holidays

In the shape of a peak, forest or wetland, nature is present in all corners of Catalonia. A third of the country is protected and covets up to 18 natural parks and one national park: Aigüestortes i Estany de Sant Maurici. Near this natural area of great beauty in the High Pyrenees are the Vall de Boí and the Valls d'Àneu, two of the Family-friendly active holidays seal destinations.

The two other destinations are the Muntanyes de Prades, a pretty hilly area just a step away from the beaches of the Costa Daurada; Berga, the birthplace of the Patum, a festival declared World Heritage, and the La Vall d'en Bas – les Preses, a valley that offers a host of possibilities to enjoy nature and rural tourism. Also adapted for families are the Vall de Núria, Vallter 2000, La Molina, Masella, Espot Esquí, Port Ainé and Boí Taüll ski resorts.

In all of these places you enjoy nature and mountains in a way adapted to families in summer and winter. They also have establishments with family rooms, adventure sports or companies that organise activities for children to get to understand the scenery and to learn to respect it.

La Vall de Boí

Holidays at the heights

A place for unlimited exploration of the high mountain scenery like true naturalists, to learn about Romanesque art or to watch one of the most spectacular fire festivals in the world. Where are we? Undoubtedly in the Vall de Boí.



Cyclists at the Sant Quirc de Durro hermitage. | © Patronat de Turisme de la Vall de Boí



The Vall de Boí is one of the gateways to the **Aigüestortes i Estany de Sant Maurici National Park**, the most protected park in Catalonia. This alone is a guarantee of successful family holidays. In the village of Boí there is the **Casa del Parc**, a place that informs on excursions, workshops and other activities planned in the park. Visits can be done on foot (or with snow shoes in the winter), on a guided tour or freely along one of the marked routes. Like **“La ruta de la marmota”**, which passes through surroundings full of waterfalls, lakes and peaks over 2,000 metres high. Once back, it is time to relax with a bath in thermal waters at the **balneari Caldes**

de Boí, where boys and girls also have an area and activities adapted for them.

Outside the park, the valleys offers over 40 kilometres of paths to do on foot or by bicycle. Some welcome in the summer with the **fiesta de les falles**. Each village has its date, from 23 June until mid-July. When night falls, the village people run down from the mountains with ‘falles’, burning trunks that bring light to the night and embers for a fire that burns in the village square. The youngest also load up their falles and enjoy themselves like the older. The fire festival in the Catalan Pyrenees has been declared **Unesco World Heritage**.

“I am the light of the world”

Of the Romanesque church of Sant Climent in Taüll, in the Vall de Boí, the most outstanding things are its mural paintings, which are among the most important in Europe. Now preserved in the Museu Nacional d’Art de Catalunya (MNAC) in Barcelona, they represent Christ the creator or “all-powerful” in a blessing pose and with a book with the inscription ‘Ego sum lux mundi’ (I am the light of the world). For a few years, on the church wall a video mapping projects these paintings and adds an educational dimension conceived for the children.

Les Valls d'Àneu

A fairytale valley

Snowy mountains to ski or sledge down, excursions in the Aigüestortes i Estany de Sant Maurici Park, family activities at the Ecomuseum and strolls along tracks where brown bears live. Is it not a fairytale valley?



How tall is a standing bear, what do they eat and what tracks do they leave on their way are questions that the **Casa del Oso Pardo de los Pirineos**, in the village of Isil, answers with audiovisuals, photographs and interactive games, so that even the youngest can take part in learning about this imposing animal in a fun way. We are in the Valls d'Àneu, an area inhabited by the mammals, whose tracks experts guides show us with the places and tricks for recognising the signs that bears leave on their way. While the bears hibernate, at the **Espot ski resort** you can start out in skiing with packs for beginners of all ages on especially adapted slopes. There is a fun

park with circuits for sliding on a sledge, enjoying the snow garden or sliding down a chute in a giant inflatable doughnut. Espot is also one of the gateways to the **Aigüestortes i Estany de Sant Maurici National Park**, where the **snow shoe excursions** are an enjoyable way to explore it in the winter. In the summer the possibilities multiply and the picnic in the nature reserve completes an excellent day discovering the flora and fauna in the high mountains. The park guides give the keys not to miss a single detail of the **naturalist experience**. You can do **photography workshops**, **astronomic observations** and **family traverses**.

Shepherds for a day

Acompanying the herd of goats of Jesús, the **Shepherd of Gavàs** who makes cheese with the milk from his goats, you get the idea of the life of a real Pyrenean stockbreeder. Cold, rain, snow or the strong sun of the summer are no hindrance for the shepherd to go out with his herd. Then we will see the **cheeses** that he and his wife Rosa have made. A visit to this couple in Gavàs is one of the activities of the **Ecomuseu del Valls d'Àneu**, in the village of Esterrí d'Àneu. Inside, a reproduction of an early 20th-century Pyrenean house.



The valley offers more than 40 kilometres of marked tracks. | © Oriol Clavera - Patronat de Turisme de la Diputació de Lleida

Berga

The magic of the four elements

The water from rivers and reservoirs, the land and the pure air of the forests and mountains and the fire that dances to the rhythm of the drums at the Patum festival. The four elements of nature go hand in hand in Berga to offer families magical holidays.



The children's Patum allows boys and girls to take part in Catalonia's most popular fire festival. | © Lluís Carro - Agència Catalana de Turisme



It is Saturday morning and one of the main streets of Berga, Paseo de la Indústria, is already ready with fruit and vegetable stalls and others with clothes and crafts first thing in the morning. This is the weekly market that livens up the centre of this town in central Catalonia.

But if you really want to feel the townspeople's life vibrate, you have to come at Corpus. Street parades, dances, *nans* and *gegants* have brought the **Patum** recognition as Unesco **World Oral and Intangible Heritage**. Its celebration is a total explosion of energy in the streets with the fire and the dances of the light-bearers. And for the youngest, Berga organises its **Patum infantil**. These are several days of

activities related to the festival, in which boys and girls learn different dances at the *patumaires* school. On Corpus Friday the show is in their hands in the Plaça de Sant Pere. In the **Museu de la Patum** you can see all of the details of the celebration, which originates in the 14TH century. The figures of *nans* and *gegants* are there to enjoy the feast all year.

Beyond the feast, you can discover the natural surroundings of Berga on guided walks. There are some thematic traverses like that of the **Camí dels Bons Homes** (Path of the Good Men), which follows the Cathar exodus, or **Cavalls del Vent** (Horses of the Wind), a route that includes eight mountain huts of the **Cadí-Moixeró Natural Park**.

The legend of Queralt

From Berga, a route that is suitable for everyone reaches Santa María de Queralt, a sanctuary 1,200 m above sea level, known popularly as the balcony of Catalonia. The complex has a church inside a cave in the place where the Virgin of Queralt was found. The legend says that a shepherd found a figure of a virgin there, a small wooden bust in Gothic style, and that despite his efforts to move it, the figure always returned to its original place. The virgin's persistence turned her cave into a sanctuary for cult.

Muntanyes de Prades

The balcony of the Costa Daurada

Castles, defence towers, forests, rivers... these all make the Prades Mountains a fairytale setting. Along its paths we will see the history, flora and fauna of the place; and the museums and interpretation centres are there with its culture and customs.



A family route reaches the castle of l'Albiol. | © Rafael López-Monné - Patronat de Turisme Muntanyes de la Costa Daurada



On the ground floor of the Village Hall of **Capafonts**, a 13th century oven helps us to imagine how the bread was baked that was kneaded by the inhabitants of the Prades range, a line of hills a few kilometres from the beaches of the Costa Daurada, and away from the busy seaside towns.

During the day, it is a pleasure to stroll its marked forest paths, to contemplate and bathe in the rivers, obviously weather permitting. On starry nights we can **star gaze** and listen to the explanations of an expert. We will thus know that the Prades Mountains conceal stories in the heavens and on earth.

Stories like those told on the visits to the impressive **Poblet**

Cistercian Monastery, World Heritage, to the **Museum of Rural Life** and to the **prehistoric caves of l'Espluga de Francolí**.

Here, as well as visiting the place, the kids get the chance to build a cabin, to handle the tools of prehistory, to make a wall painting, and the boldest can go on an excursion underground, climbing up the river that crosses the cave with specialist guides.

Mountain bikes are good vehicles to follow the mountainous tracks of Prades and visit such beautiful places as the **abandoned village of la Mussara**, the little **hermitage of la Abellera**, the **castle of l'Albiol** or the **peaks of la Febró**, although you have to be in shape

for the climbs. Different companies of the area also offer 4x4, horse riding and e-bikes.

And we can always hike, like many old farmers used to. On the marked routes from the villages of the area it is easy to discover natural places like the Llena range and Vallclara, and the Viern hillside or the Natural Area of Poblet, where an amusing route suggests finding wild mushrooms painted on the trees.

Touching and smelling the ground

The **Prades Mountains Interpretation Centre**, in the village of Prades, is an open book on the territory that tests out the five senses. Sight, smell, touch, hearing and taste accompany us to discover secrets of the villages and the scenery of these hills, preparing the mind to multiply these sensations in the actual geography where we find them. The centre houses the Prades Tourist Office and an **agrostore** for buying potatoes, wine or honey from the area, which the book tells us we can also discover with the producers.

La Vall d'en Bas – les Preses

A postcard valley

Picturesque villages, forests drawn from a fairytale and paths to do on foot or bicycle. This valley, one of the most fertile in the Pyrenees, is ideal for a family holiday.



Panoramic view of La Vall d'en Bas. | © Ajuntament de la Vall d'en Bas



Sant Esteve d'en Bas, Sant Privat d'en Bas, els Hostalets d'en Bas, Joanetes, la Pinya, el Mallol and Puigpardines. These are the names of the picturesque villages of the Vall d'en Bas, which along with the neighbouring les Preses form this certified family destination. These are lands formed by groups of country houses, hamlets, hermitages and barns, many turned into **rural tourism** houses ideal for families seeking a holiday in nature.

The paths of **Itinerannia**, a network of paths that crisscross the Catalan Pyrenean villages, are a good option for visiting singular places like el Salt de Sallent, the hermitage of Santa Magdalena and the Collsacabra plateau.

Here passes the **Ruta del Carrilet**, a cycle touring route that goes from the town of Olot to the city of Girona following the line of an ancient narrow-gauge railway. Bicycles and other material can be rented at les Preses station.

The children will love the **donkey routes** by the company Rucs i Someres in the **Pedra Tosca park** in les Preses, or riding on the **Tricu Tricu tourist train** that leaves the village of els Hostalets d'en Bas and reaches that of Sant Privat d'en Bas, where there is a tasting of the area's craft delicatessen, to then go on to the village of Mallol to see the Puigsacalm mountain and go back to the start.

After exploring the valley from different viewpoints and with several

means of transport, we can visit other places of interest in the area like the little hermitages of Sant Miquel del Corb and Sant Martí, the **Xenacs recreational area** in les Preses, and **Can Trona**, an interpretation centre dedicated to the village and district's nature and culture. This place houses the tourist office, which has a lot of information on the Zona Volcànica de la Garrotxa Natural Park, the best example of volcanic scenery in the Iberian peninsula.

How is yoghurt made?

To discover the valley's ancient trades, buy craft products, see the farm animals close up and enjoy the shows, music, guided excursions and activities, there is nothing better than a stroll through the **Fira de Sant Nicolau**, held in the village of Mallol on 6 December. This day is the perfect excuse to see the area's traditional economy, whereas during the year you can visit **La Coromina**, a farm with cows where children experience the process of making yoghurts and other craft dairy products.

Ski resorts

Masella Ski Resort

www.masella.com
masella@masella.com
www.facebook.com/masellapirineu



Masella has 74 skiable kilometres and gentle slopes for beginners. | © Estació d'Esquí de Masella

In the snow season, the Masella Skiing and Snowboarding School offers courses for children every weekend and on public holidays. There are group classes from Mondays to Fridays. At the weekends, the youngest can start skiing in the Snow Garden (for children from 3 to 6) and at the Casita de los Niños (from 18 months to 3 years). In the summer, an ideal place for lunch or tea in the open is Escobairó games area, which has a place for picnics and attractions for the kids.

La Molina Ski and Mountain Resort

www.lamolina.cat
lamolina@lamolina.cat
www.facebook.com/lamolina.cat



In La Molina there are 48 slopes for all levels, a snow park and a halfpipe. | © Estació d'Esquí i Muntanya La Molina

At the top winter sports resort of Catalonia, there is something of everything for the children: ice rink, sledging tracks, snow motorcycle or snowmobile excursions, trips on tandem or cable car, snake gliss and even diving in the lakes (over 10s). The adventure park in the trees works throughout the year with zip wires, Tibetan bridges, hanging bridges and Tarzan jumps, and also the chance to visit the hidden bunkers of Molina or to try mushing.

Ski and Mountain Resort of Vall de Núria



www.valldenuria.cat
 valldenuria@valldenuria.cat
www.facebook.com/vallnuria



The Basilica of Núria stands in the heart of the valley. | © Estació d'Esquí i Muntanya de Vall de Núria

Located in the eastern Pyrenees, the Vall de Núria mountain resort is one of the highest points of the Vall de Ribes and is surrounded by summits almost 3,000 metres tall. The countryside is perfect for hiking and horse riding (over 9s). The great attraction for the children is the Fun Park, which has zip wires, balancing games and a rock wall. And the only way to get to the valley is on the highest rack train in the south of Europe, which travels almost thirteen kilometres climbing more than 1,000 metres.

Vallter 2000 Ski Resort



www.vallter2000.cat
 receptiu@vallter2000.com
www.facebook.com/vallter2000



Vallter 2000's slopes are in the eastern most area of the Pyrenees. | © Estació d'Esquí de Vallter 2000

Located on the Morens-Ull de Ter glacial circle, it has exceptional scenery. In the winter season, children have a fun park, sledges and tubing. It is the place to enjoy nature and hiking. There are routes and circuits around the resort and also in the Camprodon valley, which can be done on foot or by bicycle. Another amusing option for the summer is to visit the source of the Ter on a chairlift. In good weather, from the top there is a view of the Bay of Roses on the Costa Brava.

Port Ainé Ski Resort

www.portaine.cat info@skipallars.cat www.facebook.com/SkiPallars



Gentle slopes, ideal for starters. | © Estació d'Esquí Port Ainé

Located in the Pallars Sobirà district and next to the Alt Pirineu Natural Park, this ski resort is totally focused on families, with easy slopes and a snow garden. In the summer, the best thing for the boys and girls is the Port Ainé Adventure Fun Park, where there is a multi-adventure circuit in the trees, a tubing slope, a trampoline area, a circuit for minicars and all terrain skateboards and a circuit in the trees created especially for the youngest (over 4s).

Espot Esquí

www.espotesqui.cat info@skipallars.cat www.facebook.com/SkiPallars



Espot has 22 slopes for all levels. | © Espot Esquí

Located next to the Aigüestortes i Estany de Sant Maurici National Park, this has a large area for beginners at 2,000 m alt and a well-equipped Fun Park (tubing and sledging slopes, gold disk starter circuit and snow garden). In the winter, the over 7s who want to start to ski can do their snow baptism. In the summer, it is worth doing a 4x4 excursion in the National park to see the Encantats ridges or some of its more than 200 lakes.

Boí Taüll Ski Resort

www.boitaulresort.com reservas@boitaulresort.com www.facebook.com/boitaul



The resort has 51 slopes, snowpark and freeride track. | © Estació d'Esquí Boí Taüll

This resort has the highest slopes in the Pyrenees (2,751 m) and a ski school for boys and girls, and also a children's park in the snow. In the summer there are many hiking routes to discover the Vall de Boí with the family. You can go on an excursion in the Aigüestortes i Estany de Sant Maurici National Park or the Posets Maladeta Natural Park, and also visit some of the Romanesque churches of the area, declared Unesco World Heritage sites.



Family tourism businesses

Family-friendly beach holidays

Blanes



Blaucel ****

RTC: HG-002311

www.blaucelblanes.com

Blaumar ****

RTC: HG-002165

www.blaumarblanes.com

Esplèndid ***

RTC: HG-002113

www.hotelesplendid.com



Muntanya Mar

RTC: HUTG-017189

www.apartreception.com



Jardí Botànic Marimurtra

www.marimurtra.cat

Jardí Tropical Pinya de Rosa

www.pinya-de-rosa.es



Can Bruno

www.restaurantcanbruno.es

Laia

www.mcdonalds.es

Calafell



4R Miramar Calafell ***

RTC: HT-000034

www.4rhoteles.com

Hotel Antiga ***

RTC: HT-000782

www.antiga.info

Salomé *

RTC: HT-000139

www.hotelsalomecalafell.com



Solimar

RTC: HT-000035

www.hotelapartamentosolimar.com



Costa d'Or

RTC: ATT-000032

www.hacostador.com

Costamar

RTC: ATT-000023

www.costamarcalafell.com

Escor

RTC: ATT-000029

www.apartescor.com



Mandala

RTC: HUTT-011582 - 011583 - 011584 - 011585

www.mandalaapartaments.com



Escola de Vela de Calafell

www.escoladevelacalafell.com

Golf la Graiera

www.graiera.es



Calafell 66

www.calafell66.com

Can Pilis

Casa Pedro

www.casapedrocalafell.com

Eusebio

Kur-sal Restaurant

www.hotelkursaalcalafell.com

L'Àncora

www.restaurantancora.com

La Barca de Ca l'Ardet

www.labarcadecalardet.com

La Candela

La Cantera Biker

www.lacanterabikerbar.com

Marino

Mediterrani

Òscar

www.restaurantoscar.com



Biblioteca Casa Nova

www.calafell.cat/serveis/biblioteques

Biblioteca Ventura Gassol

www.calafell.cat/serveis/biblioteques

Ciudadella Ibèrica

www.ciudadellaiberica.com

Museu Casa Barral

www.calafellhistoric.org

Teatre Auditori

www.calafell.cat

Calella



Bernat II *****

RTC: HB-003887

www.hotelbernatcalella.com

H Top Amaika *****

www.htophotels.com

RTC: HB-002757

H Top Calella Palace *****

RTC: HB-003303

www.htophotels.com

Espanya ***

RTC: HB-000225

www.fergushotels.com

Mar Blau ***

RTC: HB-003184

www.hotelmarblau.cat

Montemar Marítim ***

RTC: HB-000296

www.ghthotels.com

Neptuno ***

RTC: H-000310

www.hotelneptuno.com

Oasis Park Calella ***

RTC: HB-003629

www.hotelserhsoasispark.com

Santa Mònica ***

RTC: HB-001703

www.medplaya.com

Terramar ***

RTC: HB-002362

www.hotel-terramar.com



Balmes ***

RTC: HB-000208

www.ghthotels.com

Miami Park ***

RTC: HB-003886

www.aparthotelmiamipark.com



El Far 2ª cat

RTC: KB-000063

www.campingelfar.com

Roca Grossa 2ª cat

RTC: KB-000056

www.rocagrossa.com



Maraventura Sports Park Calella

www.maraventura.es

Parc Aventura Activ Natura

www.activ-natura.com

Water Sports Centre

www.watersportscentre.com



Casa Carlos

www.restaurantecasacarloscalella.com

La Gabia

www.lagabiaclella.com

Luna Gaucha

www.lunagaucha.com

Marítim

restaurantmaritim@hotmail.com

McDonald's Calella

www.mcdonalds.es



Biblioteca Can Salvador de la Plaça

www.diba.cat/biblioteques

www.bibliocalella.blogspot.com

Museu-Arxiu Municipal Josep M. Codina i Bagué

www.calella.cat/museu

Parc Dalmau

Calonge – Sant Antoni



Silken Park Hotel San Jorge *****

RTC: HG-000033

www.parkhotelsanjorge.com

Aubi **

RTC: HG-000322

www.hotelaubi.com

Maria Teresa *

RTC: HG-001920

www.hotelmariateresa.com

Can Fabrellas *

RTC: HG-001735

www.canfabrellas.com



Cala Gogó 1ª cat.

RTC: KG-000056

www.calagogo.es

Internacional de Calonge 1ª cat.

RTC: KG-000037

www.intercalonge.com



Hípica Unicorn
www.hipicaunicorn.com
Tennis Piper's
www.tennispadelpipers.com



Can Muni
Costa Brava
www.restcostabrava.com
Guillermo
www.restaurantguillermo.com
Nautilus
Refugi de Pescadors
www.refugidepescadors.com
Río de Oro
www.restauranteriodeoro.esz
Serrano
Xiringuito Blue Fish
Xiringuito La Marinerà



Biblioteca Pere Caner
www.calonge.cat
Biblioteca Sant Antoni
"La Cooperativa"
www.calonge.cat
Teatre Fontova
www.calonge.cat
Teatre Mundet
www.calonge.cat

Cambrils



Estival Eldorado Resort ****
RTC: HT-000723
www.doradoplaya.com
TRYP Port Cambrils ****
RTC: HT-000762
www.melia.com
Augustus I ***
www.augustushotels.es
RTC: HT-000444
Cesar Augustus ***
RTC: HT-000447
www.augustushotels.es
Can Solé **
RTC: HT-000047
www.cansole.es
Vilamar **
RTC: HT-000761
www.hotelvilamarcambrils.com
El Camí *
RTC: HT-000236
www.hotelcami.com



Cambrils Park Resort ****
RTC: HT-000875
www.cambrilspark.es
Olimar II ***
RTC: HT-000734
www.olimar2.com



Àmfora d'Arcs 2ª cat.
RTC: KT-000091
www.amforadarcs.com
Joan 2ª cat.
RTC: KT-000101
www.campingjoan.com
Platja Cambrils - Don Camilo
2ª cat.
RTC: KT-000077
www.platjacambrils.com
La Llosa 3ª cat.
RTC: KT-000032
www.camping-lallosa.com



Mas Montbríó Belvédère
RTC: PT-000330
www.montbrionbelvedere.com



Pins Platja
RTC: ATT-000021
www.pinsplatja.com
Voramar
RTC: ATT-000016
www.voramarcambrils.com



Geminis
RTC: HUTT-005550 - 005567
www.apartamentosgeminis.com



Jumpland Aventura Ecològica
www.jumplandaventura.com
Rodabike
www.rodabikecambrils.com



Acuamar
www.acuamar.com
Braseria Al Punt
www.alpunt.com
Denver
www.restaurantdenvercambrils.com
Gami
www.restaurantgami.com
El Pósito
www.elposito.com

Mas Gallau

www.hotelmasgallau.com



Museu Molí de les Tres Eres
www.cambrils.cat/museu
Parc del Pescador
www.cambrils.org
Parc del Pinaret
www.cambrils.org
Vil·la Romana de la Llosa
www.cambrils.org

Castelldefels



Estrella de mar 2ª cat.
RTC: KB-000183
www.caesmar.com/ca



Canal Olímpic de Catalunya
www.canalolimpic.cat



Biblioteca Ramon Fernández
Jurado
www.bibliotecarfjcastelldefels.org
Teatre Plaza Castelldefels
www.teatreplaza.org

Castell – Platja d'Aro



Aromar ****
RTC: HG-001131
www.hotelaromar.com
H Top Caleta Palace ****
RTC: HG-002437
www.htophotels.com/caletapalace
Platja Park ****
RTC: HG-002169
www.htophotels.com
Planamar **
RTC: HG-000346
www.planamar.com
Riembau *
RTC: KG-000027
www.riembau.com
Valldaro *
RTC: KG-000032
www.valldaro.com



Goetten Apartamentos
RTC: ATG-000091
www.goetten.es
Les Palmeres
RTC: ATG-000074
www.lespalmeres.net



Aquadiver
www.aquadiver.com
Bowling d'Aro
www.darobowling.com
Ictinio
www.ictino.com
PP'S Park
www.ppspark.com



Aradi
www.restaurantaradi.com
Can Feliu
www.restaurantfeliu.com
Don Quijote
www.restaurantdonquijote.com
El Racó
www.elraco.com
La Pizza
www.parcदारो.com
La Tisana
www.restaurantelatisana.es
McDonald's
www.mcdonalds.es



Biblioteca Mercè Rodoreda
www.bibgirona.cat
Parc dels Estanys
www.platjadaro.com

Lloret de Mar



Anabel ****
RTC: HG-001971
www.hotelanabel.com
Evenia Olympic Palace ****
RTC: HG-002422
www.eveniahotels.com
Fenals Garden ****
RTC: HG-001880
www.fenalsgarden.com
Gran Garbí ****
RTC: HG-002088
www.hotelesgarbi.com
Guitart Park I Gold ****
RTC: HG-0022330
www.guitarthotels.com

H Top Royal Beach ****
 RTC: HG-001929
 www.htophotels.com/royalbeach

H Top Royal Star ****
 RTC: HG-001795
 www.htophotels.com/royalstar

Maria del Mar ****
 RTC: HG-000751
 www.mariadelmar.net

Olympic Park ****
 RTC: HG-000363
 www.eveniahotels.com

Plaça Paris *****
 RTC: HG-000910
 www.fergushotels.com

Rosamar & Spa ****
 RTC: HG-000086
 www.rosamarhotels.com

Rosamar Garden Resort ****
 RTC: HG-001758
 www.rosamarhotels.com

Surf-Mar ****
 RTC: HG-001993
 www.sambahotels.com

Hotel Xaine ***
 RTC: HG-001143
 www.xaine.com

HA

Costa Encantada ****
 RTC: HG-002291
 www.marsolhotels.com

Samba ***
 RTC: HG-000607
 www.sambahotels.com

A

Santa Elena Ciutat 1ª cat.
 RTC: KG-000050
 www.campingsantaelena.com

Tucan 2ª cat.
 info@campingtucan.com
 RTC: KG-000134
 www.campingtucan.com

H

Albamar
 RTC: HUTG-005275 /
 HUTG-005359
 www.albamar.com

Eldorado
 RTC: HUTG-05539 /
 HUTG-005601
 www.eldorado-lloret.com

Xaine Sun
 RTC: HG-001143
 www.xaine.com

B

Bowling Lloret
 www.bowlinglloret.cat

Gnomo Park
 www.gnomo-park.com

Water World
 www.waterworld.es

III

Albamar
 www.albamar.com

Bar Can Guidet
 canguidet@gmail.com

Bar El Toro
 www.bareltoro.com

Blanco y Negro

Can Sabata

Pinocchio
 www.pinocchiolloret.com

Pizzeria Athene di Napoli
 www.athenehotels.com

Sybius

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Biblioteca
 www.lloretdemar.org

Castell de Sant Joan
 www.lloretdemar.org

Jardins de Santa Clotilde
 www.lloretdemar.org

Museu del Mar
 www.lloretdemar.org

Museu dels Gats
 www.catsmuseum.com

Malgrat de Mar

H

Fergus Maripins ****
 RTC: HB-000791
 www.fergushotels.com

Tròpic Park ****
 RTC: HB-000276
 www.tropic-park.com

Aqua Hotel Bella Playa ***
 RTC: HB-004015
 www.aquahotel.com

Luna Park ***
 RTC: HB-003221
 www.hotellunapark.es

Rosa Nàutica ***
 RTC: HB-000710
 www.hotelrosanautica.com

Sorra Daurada ***
 RTC: HB-000709
 www.hotelserhssorraaurada.com

A

La Tordera 2ª cat.
 RTC: KB-000103
 www.campinglordera.com

B

David Rent
 www.davidrent.com

III

La Maduixa
 www.restaurantlamaduixa.com

La Ola
 www.laolamalgratdemar.com

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Biblioteca Municipal
 www.ajmalgrat.cat

Capella Antic Hospital
 www.ajmalgrat.cat

Centre Cultural
 www.ajmalgrat.cat

Centre Cívic
 www.ajmalgrat.cat

Parc Can Campassol
 www.turismemalgrat.com

Parc del Castell
 www.ajmalgrat.cat

Parc Francesc Macià
 www.turismemalgrat.com

Pineda de Mar

H

H Top Pineda Palace *****
 RTC: HB-000336
 www.htophotels.com

Aqua Hotel Promenade ****
 RTC: HB-003977
 www.aquahotel.com

Golden Taurus Park Resort ****
 RTC: HB-001832
 www.goldenhotels.com

Stella ***
 RTC: HB-000948
 www.hotelstellapineda.com

HA

Montemar ***
 RTC: HB-000339
 www.fergushotels.com

A

Caballo de Mar 2ª cat.
 RTC: KB-000087
 www.caballodemar.com

B

Base Nàutica
 www.nauticapinedademar.com

III

Domèstic
 www.domestic-pineda.com

Pura Brasa
 www.mas-pi.com

++

Biblioteca M. Serra i Moret
 www.pinedademar.org

Biblioteca Poblenou
 www.pinedademar.org

Can Comas - Espai de Dinamització Cultural
 www.pinedademar.org

Roses

H

Mediterráneo Park ****
 RTC: HG-002355
 www.hotelsmediterraneo.com

Monterrey***
 RTC: HG-001612
 www.hotelmonterreyroses.com

Ciudadella**
 RTC: HG-001572
 www.hotelciudadella.com

CV Cala Montjoi*
 RTC: HG-001787
 www.montjoi.com

P

Hostal Novel Risech
 RTC: HG-001585
 www.hotelsrisech.com

AT

Daniel Apartamentos
 RTC: ATG-000058
 www.inmosantos.com

H

Santa Maria
 RTC: HUTG-003113
 www.apartamentsalata.com

B

Aquabrava
 www.aquabrava.com

Burricleta
 www.bicicletasyrutas.com

Estació Nàutica Roses - Cap de Creus
 www.enroses.com

Nautilus submarino
www.elsblausderoses.com
Minigolf Greens
www.minigolfgreens.com
Racó dels Peques
www.elracodelspeques.wix.com/
elracodelspeques
**Creuers i catamarans
Don Pancho**
www.donpancho.org
Segway
Tren Roses Exprés
www.trenrosesexpres.com



Ca la Margarita
www.calamargarita.com
Dolce Vita
L'entrecot
www.lentrecot.com
L'Estrop
www.estrop.es
Roc-Fort
www.roc-fort.cat
Sodemar
www.sodemar.net



Biblioteca Municipal
www.roses.cat
Espai Cultural La Ciutadella
www.roses.cat

Salou



**PortAventura World Parks
& Resort**
Mansión de Lucy *****
RTC: HT-000888
www.portaventuraworld.com
Caribe ****
RTC: HT-000772
www.portaventuraworld.com
Hotel El Paso ****
RTC: HT-000770
www.portaventuraworld.com
Gold River ****
RTC: HT-000855
www.portaventuraworld.com
**Port Aventura -
Hotel Port Aventura ******
RTC: HT-000760
www.portaventuraworld.com
4R Salou Park Resort I *****
RTC: HT-000244
www.4RHôtels.com

Golden Port Salou ****
RTC: HT-000661
www.goldenhôtels.com
H10 Salauris Palace ****
RTC: HT-000765
www.h10hotels.com
Regina Gran Hotel ****
RTC: HT-000748
www.4RHôtels.com
Sol Costa Daurada ****
RTC: HT-000787
www.solmelia.com
Vil·la Romana ****
RTC: HT-000803
www.ohtels.es
4R Salou Park Resort II ***
RTC: HT-000677
www.4RHôtels.com
Belvedere ***
RTC: HT-000676
www.ohtels.es
Calypso ***
RTC: HT-000626
www.medplaya.com
Marinada ***
RTC: HT-000659
www.hotelmarinada.cat
Playa Park ***
RTC: HT-000645
www.4RHôtels.com
Villa Dorada ***
RTC: HT-000473
www.ohtels.es



Blaumar Hotel ****
RTC: HT-000697
www.blaumarhotel.com
Dorada Palace ****
RTC: HT-000736
www.doradapalace.com
Four Elements Suites ****
RTC: HT-000866
www.aparthotelfourelements.com
Sun Club ****
RTC: HT-000796
www.sunclubsalou.com
Cye Holiday Centre ***
RTC: HT-000749
www.cyesalou.com
Marinada **
RTC: HT-000650
www.hotelmarinada.cat



**Camping Resort Sangulí
Salou 1^a cat.**
RTC: KT-000090
www.sanguli.es



Cye Salou
RTC: ATT-000015
www.cyesalou.com
Les Dàlies
RTC: ATT-000001
www.lesdalties.com



Bosc Aventura Salou
www.boscaventurasalou.com
Caribe Aquatic Park
www.portaventuraworld.com
PortAventura Park
www.portaventuraworld.com



Arena
www.arenarestaurant.com
Burger King
www.burgerking.es
Club Nàutic
www.restauranteclubnauticosalou.com
D'Albert
www.dalbert.es
La Goleta
www.lagoletasalou.com
La Quinta
www.restaurantelaquinta.es
McDonald's
www.mcdonalds.es
Ràpid Clàssic



Biblioteca Municipal
www.salou.cat
Teatre Auditori - Centre Cívic
www.salou.cat

Santa Susanna



Aqua Hotel Montagut **s**
RTC: HB-004023
www.aquahotel.com
**Aqua Hotel Onabrava
& Spa ****s**
RTC: HB-004093
www.aquahotel.com
Caprici Verd **s**
RTC: HB-004178
www.hotelcapriciverd.com
Mercury **s**
RTC: HB-003898
www.hotelmercury.com
Sirius **s**
RTC: HB-004081
www.sirius-hotel.com

Tahití Playa **s**
RTC: HB-004044
www.tahitiplaya.com
Aqua Hotel Aquamarina ****
RTC: HB-003862
www.aquahotel.com
Caprici ****
RTC: HB-003881
www.hotelcaprici.com
Florida Park ****
RTC: HB-003845
www.grupflorida.com
Montemar Maritim ****
RTC: HB-004246
www.montemarmaritim.com
Top Royal Sun ****
RTC: HB-003953
www.htophotels.com
Alhambra ***
RTC: HB-002976
www.hotelalhambra.net



Bon Repòs 2^a cat.
RTC: KB-000038
www.campingbonrepos.com



Can Rosich
RTC: PB-000105
www.canrosich.com



Activ Natura Outdoor
www.activ-natura.com
**Estació Nàutica
Santa Susanna**
www.stasusanna-barcelona.com
**Centre d'Interpretació
de la Natura**
www.stasusanna-barcelona.com



Burger Club
www.aquahotel.com
Il Veneziano
www.aquahotel.com
La Pèrgola
www.aquahotel.com

Sant Feliu de Guíxols



Can Segura Hotel **
RTC: HG-001441
www.cansegurahotel.com
Hotel del Mar *
RTC: HG-000333
www.hoteldelmar.es



Bungalodge Sant Pol & Spa 1^a cat.

RTC: KG-000005

www.campingsantpol.cat



Apartaments Mercedes I i II *

RTC: ATG-000070 - 000071

www.marmuntanya.com



Vil·les Brusi

RTC: HUTG-002654 - 002657 /

HUTG-002645 - 002646 /

HUTG-002650 - 002653

www.brusisantpol.com



Bravamar

www.bravamar.net

Giravolt Parc

Tel.: + 34 630 073 325

giravoltparc@hotmail.com



Can Nadeu

www.cannadeu.com

Can Segura

www.canseguerahotel.com

La Gaviota

Las Dunas - Hotel Barcarola

www.hotelbarcarola.com

www.barlagaviota.com

Marabú

www.restaurantmarabu.com

Sa Marinada

www.samarinada.com



Espai Carmen Thyssen Kids

www.espaicarmenthysssen.com

Museu de la Joguina

www.museudelajoguina.cat

Sant Pere Pescador



El Molí*

RTC: HG-001423

www.hotelelmoli.com



L'Àmfora 1^a cat.

RTC: KG-000112

www.campingamfora.com

Las Dunas 1^a cat.

RTC: KG-000450

www.campinglasdunas.com

Las Palmeras 1^a cat.

RTC: KG-000088

www.campinglaspalmeras.com

Aquarius 2^a cat.

RTC: KG-000078

www.aquarius.es

La Gaviota II 2^a cat.

RTC: KG-000039

www.lagaviota.com

Riu 2^a cat.

RTC: KG-000034

www.campingriu.com



Can Mas

RTC: PG-000312

www.canmas.net

Mas del Joncar

RTC: PG-000589

www.masdeljoncar.com



Paintball Far West

www.paintballfarwest.com



Can Trona

www.cantrona.net

El Jardinet de Sant Pere

www.restaurantsantperecenter.cat

La Gaviota

www.lagaviota.com

Las Palmeras

www.campinglaspalmeras.com

Mas Gusó

www.masguso.com

Ruki

https://www.facebook.com/RukiBar/



Biblioteca Municipal

www.santpere.cat

Torroella de Montgrí – l'Estartit



Medes II ***

RTC: HG-001387

www.hotelmedes.com

Nereida ***

RTC: HG-001025

www.hotelnereida.com

Panorama ***

RTC: HG-001115

www.hotelpanoramaestartit.cat

Les Illes *

RTC: HG-000366

www.hotellesilles.com

Picasso *

RTC: HG-001939

www.hotelpicasso.net



Les Medes 1^a cat.

RTC: KG-Z000072

www.campinglesmedes.com



Club Nàutic

info@cnestartit.es

www.cnestartit.es

Diving Center Rei del Mar

www.elreidelmar.com

Estació Nàutica l'Estartit - Illes Medes

www.enestartit.com

Hípica Mas Paguina - Club Hípica l'Estartit

www.hipicamaspaguina.com

L'Aventura del Nautilus

www.nautilus.es

Medaqua

www.medaqua.com



Alauda

La Gaviota



Museu de la Mediterrània

www.museudelamediterrania.cat

El Vendrell



NubaHotel Comarruga ****

RTC: HT-000841

www.nubahotelcomarruga.com

Platja Mar ***

RTC: HT-000754

www.eveniahotels.com

San Salvador ***

RTC: HT-000457

www.ohtels.es



Rovior **

RTC: HT-000752

www.pensionrovior.com



Camping Vendrell Platja 1^a cat.

RTC: KT-000111

www.camping-vendrellplatja.com



Els Cups

RTC: PT-000320

www.elscups.cat



Albergue Santa Maria del Mar

RTC: DGJ-3

www.xanascat.cat



Club Nàutic de Coma-ruga

www.clubnautic.com

Diver Parc Lúdic

www.diver.cat

Karting Club El Vendrell

www.kartingvendrell.com

Món La Bassa

www.monlabassa.com



Casa Pepe Comarruga

www.grupocasapepe.com

La Cuina de la Marga

Joila

www.joila.com

Petit Àncora 2

www.ancora2.com

Pika Tapa

Restaurant Xaloquell

www.restaurantxaloquell.com

Vil·la Casals

www.paucasals.org/ca/MUSEU-restaurant

Vila dels Àngels

www.viladelsangels.es



Auditori Pau Casals

www.auditoripaucasals.cat

Aula Aquàtica de la Masia Blanca

www.elvendrellturistic.com

Biblioteca pública Terra Baixa

www.bibliotecaelvendrell.cat

Museu Deu

www.museudeu.com

Museu Pau Casals

www.paucasals.org

Teatre Municipal Àngel Guimerà

www.tagelvendrell.cat



Hotels



Aparthotels



Guest houses and hostels



Camp sites



Rural tourism



Hostels



Tourist apartments



Tourist dwellings



Businesses offering activities



Restaurants



Complementary offer

Vilanova i la Geltrú



Ceferino ***

RTC: HB-004543

www.hotelceferino.com

Hotel Ricard **

RTC: HB-002956

www.ricardhotel.es



Vilanova Park 1 cat.

RTC: KB-000114

www.vilanovapark.com

El Racó de Mar 2ª cat.

RTC: KB-000053

www.campingelracodemar.com

Platja Vilanova 2ª cat.

RTC: KB-000111

www.platjavilanova.com



Atenea Park I, Atenea Park II, Atenea Park III

RTC: ATB-000019 - 000021

www.hotelateneapark.com



Pai Pai

RTC: HUTB-010704



Estació Nàutica de Vilanova i la Geltrú

www.envilanova.com

Hípica Rosper

www.clubhipicorosper.com

Nàutica Spirit

www.nauticaspirit.com

Escola de golf Portal d'en Roc

www.portaldelrocpitchandputt.com

Roc Roi

www.rocroi.com



Ceferino

www.hotelceferino.com

Il Forno

www.ifornovilanova.com

La Burguette

www.laburguette.com

La Cucanya

www.restaurantlacucanya.com

La Daurada Beach Club

www.ladauradabeachclub.net

La Pepa Jaleo

www.lapepajaleo.es

McDonald's

www.mcdonalds.es

Pika-Tapa

www.pika-tapa.com

Portal del Roc

www.portaldelrocpitchandputt.com

Rossegall

www.elrossegall.com



Auditori Eduard Toldrà

www.auditoritoldra.cat

Centre d'Interpretació del Romanticisme Manuel de Cabanyes

www.masiadencabanyes.com

Museu del Ferrocarril de Catalunya

www.museudelferrocarril.org

Biblioteca Armand Cardona Torrancell

www.vilanova.cat/biblioteques

Museu Romàntic Can Papiol

www.museucanpapiol.cat

Vila-seca, La Pineda Platja



Estival Park *****

RTC: HT-000669

www.estivalpark.es

Gran Hotel La Hacienda *****

RTC: HT-000777

www.hotelhacienda.net

Terramarina *****

RTC: HT-000308

www.terramarinahotels.com



La Pineda **

RTC: KT-000085

www.campinglapineda.com



Aquopolis Costa Daurada

www.costa-dorada.aquopolis.es



Domi & Mateu

El Dorado

La Traviata

Mix la Pineda

Ocean

www.oceanlapineda.com

Costa Barcelona



Illa Fantasia

www.illafantasia.com

Costa Daurada



Estació Nàutica Costa Daurada

www.estacionautica.com

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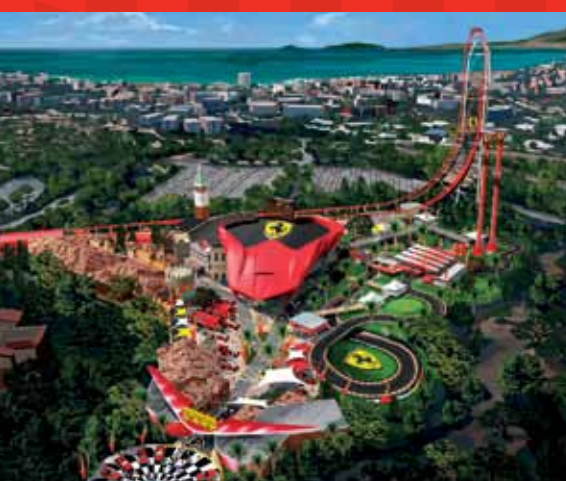


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Berguedà Nàutic
www.berguedanautic.com
Els Rasos de Peguera
www.rasos.net



La Cabana
www.lacabanaberga.cat



Casa de la Patum
www.turismeberga.cat
Centre d'Interpretació de la Natura del Berguedà / Col·lecció del Circ
www.turismeberga.cat
Museu Comarcal / Espai d'Interpretació de Berga
www.turismeberga.cat

Muntanyes de Prades



Cal Maginet ***
RTC: HT-000836
www.calmaginet.cat
Hostal del Senglar
RTC: HT-000471
www.hostaldelsenglar.com
Monestir de Poblet
RTC: HT-000872
http://hostatgeriadepoblet.cat



El Xalet de Prades ***
RTC: HT-000848
www.xaletdeprades.com



Càmping Prades Park *
RTC: KT-000114
www.campingprades.com
Serra de Prades *
RTC: KT-000119
www.serradeprades.com



Cal Crispí
RTC: PT-000193
www.calcrispi.com
Ca l'Estruch
RTC: PT-000342
www.calestruch.com
Cal Llarg
RTC: PT-000145
Cal Serret
RTC: PT-000201
www.calserrret.com
La Casa del Mas d'en Toni II
RTC: PT-000213
www.lacasadelmasdentoni.com
Mas de la Cadeneta
RTC: PT-000275
www.masdelacadeneta.com



Alberg de Joventut Somianatura
RTC: NR-436
www.somianatura.com
Alberg Jaume I
RTC: DGT-20
www.xanascacat.com



Villa Engracia
RTC: ATT-000009
www.villaengracia.com



Can Llorenç
RTC: HUTT-004912 - 004916
www.pradescanllorens.com
El Racó de les Heures
RTC: HUTT-000087
www.raco-de-les-heures.com



El Brogit Guiatges
www.elbrogit.com
Drac Actiu
http://dracactiu.com/ca
La Teva Ruta
www.latevaruta.com



Bonillo
El Álamo
www.restaurantelalamo.com

El Brugent
www.webfacil.tinet.cat/rbrugent
El Casal
El Grèvol
El Racó de Mont-ral
www.elracodemontal.com
Hostatgeria de Poblet
www.hostatgeriadepoblet.cat
K-l'Ermità
www.k-lermita.es
La Botiga
www.hotelrestaurantlabotiga.com
Masia Sagués
www.masiasagues.cat
Simó de Palau
www.simodepalau.es



Centre d'Interpretació PNIN
www.parcsnaturals.gencat.cat/ca/poblet
Coves de l'Espluga
www.covesdelespluga.info
Fassina Balanyà
www.fassinabalanya.cat
Monestir de Poblet
www.poblet.cat
Museu Alcover
www.museualcover.cat
Museu de la Vida Rural
www.museuvidarural.cat
Museu i Forn del Vidre
www.museudelvidre.cat

La Vall de Boí



Manantial ****
RTC: HL-000018
www.caldesdeboi.com
Boí Taüll Resort ***
RTC: HL-000683
www.boitaulresort.com
Romànic ***
RTC: HL-000758
www.boitaulresort.com
El Rantiner **
RTC: HL-000753
www.hotelelrantiner.com
Taüll **
RTC: HL-000720
www.boitaulresort.com

Farré d'Avall *
RTC: HL-000581
www.farredavall.com



Augusta
RTC: HL-000785
www.boitaulresort.com



Pey **
RTC: HL-000494
www.hotel-pey.com
La Plaça
RTC: HL-000316
www.hostal-laplaza.com



Pernalle
RTC: HL-000721
www.pernalle.com



La Solana
RTC: ATL-000003
www.boitaulresort.com



Arenys de Boí
RTC: HUTL-000348 - 000353 /
HUTL-000392 - 000395
www.arenysboi.com



Escola d'esquí Vall de Boí
www.escolaboitaul.com
Estació d'esquí Boí Taüll
www.boitaulresort.com



Carlina
www.boitaulresort.com
Cau
www.boitaulresort.com
El Caliu
www.elcaliutaull.com
Guineu
www.boitaulresort.com
El Fai
www.restaurantelfai.com
Isard
www.boitaulresort.com
Isard self
www.boitaulresort.com

Manantial

www.caldesdeboi.com

Sant Quirze

www.boitaulresort.com



Casa del Parc Nacional

www.parcsnaturals.gencat.cat/ca/aiguestortes

Centre del Romànic de la Vall de Boí

www.centreromanic.com

Estació Termal Caldes de Boí

www.caldesdeboi.com



Aigüestortes Camping Resort

www.campinglapresalla.com



Casa de l'Ós Bru

www.casaosbru.org

Centre d'Interpretació de les Viles Closes – Ecomuseu de les Valls d'Àneu

www.ecomuseu.com

Les Valls d'Àneu



Castellarnau ***

RTC: HL-000314

www.hotelcastellarnau.com

La Morera ***

RTC: HL-000547

www.hotel-lamorera.com

Poldo ***

RTC: HL-000141

www.hotelpoldo.com

El Paller del Cisco **

RTC: HL-000681

www.lopaller.com



Posada d'Àneu **

RTC: HL-000672

www.posadadaneu.com

Vall d'Àneu **

RTC: HL-000341

www.hostalvalldaneu.com



Aigüestortes Camping Resort 2^a cat.

RTC: KL-000047

www.aiguestortescampingresort.com

Nou Càmping 2^a cat.

RTC: KL-000015

www.noucamping.com



Alberg de Joventut MónNatura Pirineus

RTC: NR-385

www.monnaturapirineus.com



Aràneu Escola d'Esquí

www.araneu.com

Esport Esquí

www.esportesqui.cat



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Aparthotels



Guest houses and hostels



Camp sites



Rural tourism



Hostels



Tourist apartments



Tourist dwellings



Businesses offering activities



Restaurants



Complementary offer

More information

Tourist promotion organisations

Patronat de Turisme de la Diputació de Tarragona

www.costadaurada.info
www.terresdelebre.travel

Patronat de Turisme Costa Brava – Pirineu de Girona

www.costabrava.org

Patronat de Turisme de la Diputació de Lleida

www.aralleida.cat

Oficina de Promoció Turística de la Diputació de Barcelona

www.barcelonaesmoltmes.cat

Turisme de Barcelona

www.barcelonaturisme.com

For more information on Catalonia

www.catalunya.com

 www.facebook.com/catalunyaexperience

 [@catexperience](https://twitter.com/catexperience)
www.twitter.com/catexperience

 [@catalunyaexperience](https://www.instagram.com/catalunyaexperience)
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 www.youtube.com/user/CatalunyaExperience

Ask the office:

www.facebook.com/catalunyaexperience/app_431056236953440

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www.gencat.cat/palaurobert

Opening hours:

From Mondays to Saturdays: 10 AM to 8 PM

Sundays and public holidays: 10 AM to 2:30 PM

Tourist information:

012 (Catalonia);

902 400 012 (outside Catalonia);

+ 34 902 400 012 (outside Spain).

Foreign branches of the Catalan Tourist Board

Benelux

info.act.bnl@gencat.cat

Tel.: + 32 26 406 151

Nordic Countries

info.act.nordic@gencat.cat

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France

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Tel.: + 33 140 468 448

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Tel.: + 49 69 7422 4873

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Tel.: + 39 02 873 935 73

Spain

turisme.blanquerna@gencat.cat

Tel.: + 34 915 241 000

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info.act.ru@gencat.cat

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Tel.: + 1 212 7823332

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info.act.latam@gencat.cat

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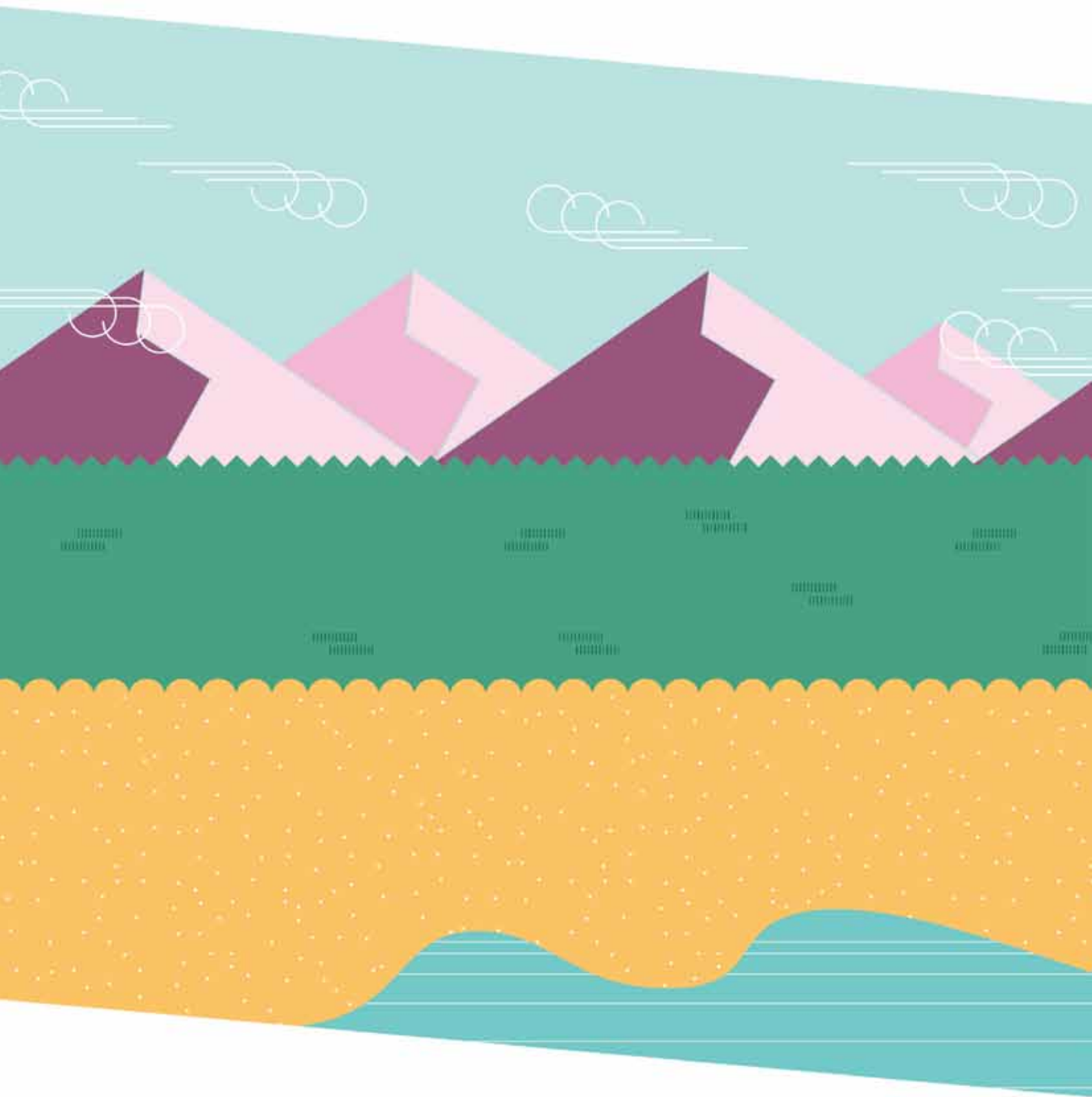
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